



**FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

THE ADVENTURE NEVER ENDS!

2011 Summer Camp Programs

Parent Guide

We are excited that you and your child have chosen to spend your summer at the Y! This guide will help you and your child plan for a fun and exciting summer with us. The information presented applies to all Cleveland County Family YMCA summer camp programs. Please read the manual carefully so your child is prepared to participate and has appropriate expectations.

What should my child wear?

- Dress appropriately for play and the weather.
- Wear sneakers for active play.
- A cap or hat for sun protection during summer months is advisable.
- All clothing should be clearly marked with the child's name and phone number.
- Apply sunscreen (SPF 15 or higher) to your child each morning during the summer.

What should stay home?

- Toys, personal listening devices, portable game devices, trading cards, stuffed animals, pets and money should stay at home.
- Participants are not allowed to purchase items from the vending machines.
- The YMCA is not responsible for lost or stolen items.

What about medications?

- Parents (not child) may bring necessary medications to the program office.
- Medications must be in their original containers with written instructions for dispensing.
- For safety reasons, all medications are stored and locked in the program office.
- Do not pack medication with lunch or snacks.

What should my child bring?

- Preschool children need to bring a change of clothing.
- All participants need to bring the following on swim days (see insert for specific days):
 - Plastic bag
 - Swimsuit
 - Towel
- All children should bring a backpack, clearly marked with your child's name and phone number, to carry their belongings.
- Sunscreen (SPF 15 or higher) during the summer months; staff will supervise the application of sunscreen, but will not apply it.

When should my child stay home?

Please do not send your child with any of the following symptoms:

- Nose that runs consistently
- Undiagnosed rash, sore or other skin condition
- Sore throat
- Excessive coughing
- Diarrhea or vomiting
- Fever
- Any other contagious disease or symptom

A child must be fever-free and have stopped diarrhea and vomiting for a full 24 hours before returning to the program. A physician's note may be required before readmitting a child to the program.

YMCA/Parent Communication

Updates

YMCA staff will provide you with periodic updates about your child's participation in YMCA programs to encourage conversation about your child's experience at the YMCA.

- Updates will be provided once per month for school programs and preschool programs.
- Camper updates will be provided once per session for summer day camp participants.



When Are Written Notes Required?

Parents should write a note in instances of:

- Absence
- Late arrival
- Early pickup
- Pickup by someone other than designated party
- Medication needs
- Special needs
- Modified activities
- Changes to billing/program needs

Health & Safety

- In the event of severe rain, lightning or other unsafe conditions, camp activities will be modified as necessary to ensure the safety of all participants.
- On code orange days (unhealthy air quality for sensitive groups), outdoor activities are modified with frequent water breaks and play in shady areas.
- On code red days (unhealthy air quality for the general population), activities are modified with field trips or indoor play, depending on the program site.
- Severe weather may affect the pickup process. In cases of driving rain and/or lightning, staff will keep campers sheltered until conditions improve. This may slow down the pickup process, requiring drivers to wait. The safety of YMCA children and staff is our first priority.
- Parents may come inside or into the sheltered areas to pick up their child during severe weather conditions at their own risk.

Food

- The YMCA will be providing lunch through the Cleveland County school System. Your child may get a lunch daily as well as one snack through this program but they must be at camp by 8:30 to be included in the lunch count. Campers do not have to eat the lunch provided but must bring a lunch from home if they are not getting a lunch through our program.
- Full-day participants (summer camp) should bring:
 - Nutritious lunch if not included in lunch count during rides in.
 - Beverages
 - Two snacks
- Half-day participants should bring:
 - Nutritious lunch
 - Beverages
 - One snack
- We recommend small, cooler-type lunch boxes, clearly marked with the child's name and phone number.
- Non-perishable items are recommended since no refrigeration is available.
- Sandwiches, chips, cookies and fruit are favorites.
- Do not pack chocolate, mayonnaise or milk.

Transportation and Pickup

Our Drivers

All Cleveland County Family YMCA drivers are required to attend a driver's training class. They must pass a written and driving test before being allowed to transport children. In addition each driver must pass a DMV background check and drug test.

Transportation

The YMCA offers transportation for most school programs. See the program fact sheet for site-specific transportation schedules and drop off and pickup policies.

Pickup

- At pickup time, children will only be released to parents, legal guardians and those designated on the Registration Form.
- Drivers must display YMCA pickup cards.
- If you plan to have anyone else pick up your child, you must notify staff in writing.
- Parents who drop off or pick up children outside of scheduled times must sign the child in and/or out at the program office.
- Severe weather may affect the pickup process. In cases of driving rain and/or lightning, staff will keep campers sheltered until conditions improve. This may slow down the pickup process, requiring drivers to wait. The safety of YMCA children and staff is our first priority.



What if I arrive late for pickup?

- A late fee is charged for children picked up after the last pickup time.
- The late fee is \$5.00 for the first 10 minutes past pickup time and \$1.00 for each additional minute thereafter.
- Late fees are per child.
- Two staff members will remain with the child until a parent arrives.

Camp Posts and Updates

- Check out our website under the Ruby C. Hunt YMCA Family Programs section at www.CleveCoYMCA.org for the latest updates and information about summer camp!
- Visit our Facebook fan page for photos of our field trips, program updates, and fun stories from throughout summer camp. Visit www.facebook.com/rubychuntymca